

Senokot[®]/Senokot-S[®] Tablets

Laxative Protocol For Adults & Children 12 years of age and older

DAY ONE

Take 2 tablets by mouth at bedtime.

DAY TWO

If you **DON'T** have a bowel movement in the morning...

Take 2 tablets by mouth in the morning. If you still have no bowel movement by evening, take 3 tablets by mouth at bedtime.

If you **DO** have a bowel movement in the morning...

Continue taking 2 tablets by mouth at bedtime.

DAY THREE

If you **DON'T** have a bowel movement in the morning...

Take 3 tablets by mouth in the morning. If you still have no bowel movement by evening, again take 3 tablets by mouth at bedtime.

If you **DON'T** have a bowel movement in the morning...

Increase your dosage according to instructions at left.

If you have more than 2 bowel movements per day...

Decrease your dosage to 1/2 to 1 tablet by mouth at bedtime. Then, continue with dosage that results in 1 bowel movement per day.

DAY FOUR

If you **DON'T** have a bowel movement in the morning...

Continue to take 3 tablets by mouth in the morning *and* at bedtime. If you still have no bowel movement, consult your doctor for further instructions.

Beginning Daily Dosage for Adults:
2 Tablets Daily at Bedtime.

Maximum Daily Dosage for Adults:
4 Senokot Tablets Twice Daily.

For children under 12 years of age, see dosing instructions on package.

Whenever you are unsure about what to do, please call your physician for advice.

Adapted from Levy MH. *Cancer Bull.* 1991; 43:412-422.

Laxative products should not be used for a period longer than one week unless directed by a doctor.